

# Healthy Collage

We know that germs live all around us. They can live in our homes, schools and even on the pen you are writing with!

## Materials:

- Magazines and newspapers
- Scissors
- Glue
- Construction paper

## Procedure:

1. Fold a piece of construction paper in half. Either way you fold it is fine as long as you have two equal sections.
2. Next, look in magazines and newspapers for pictures of places or objects where potentially harmful germs might be hiding. The pictures can have something to do with being sick or things that could make a person sick i.e. sponge, remote control, a kitchen sink or counter top, a toilet, light switch, public phones, toothbrush, unwashed produce, a sick person, or a garbage can. Hint: Look in the advertisement section of the newspaper
3. Cut out at least 5 pictures and glue them on one side of the folded paper and label it.
4. Now look for things that remind you of being healthy or things that could help get rid of germs, i.e. paper towels, toilet paper, paper napkins, antibacterial soap, running water, waste basket, or healthy foods.
5. Cut out at least 5 of these pictures and glue them on the other side of the paper and label it.

*Adapted from: [www.gphealthsmart.com](http://www.gphealthsmart.com)*