

## 2007 SIUE Women's Outdoor Season Best Performances

### 100M

<i>Sawyer</i>	<i>11.92</i>	<i>5/5</i>
Royston	12.31	5/5
Brown, D.	12.38	5/4
Friedland	12.46	4/21
Alrich	12.54	4/7
Butler	12.57	4/15
Simmons	12.70	4/7

### 200M

<i>Sawyer</i>	<i>24.24</i>	<i>4/21</i>
<i>Royston</i>	<i>24.63</i>	<i>5/5</i>
Simmons	25.20	5/4
Alrich	25.33	5/4
Brown, D.	25.34	5/4
Butler	27.00	4/15
Scherer	27.06	3/31
Friedland	27.30	3/31
Dennis	27.36	4/28
Mulvey	28.00	4/28
Pallante	28.10	3/31

### 400M

<i>Brown, D.</i>	<i>54.15</i>	<i>5/26</i>
<i>Sawyer</i>	<i>54.40</i>	<i>5/24</i>
<i>Alrich</i>	<i>54.65</i>	<i>5/24</i>
<i>Royston</i>	<i>54.99</i>	<i>5/24</i>
Simmons	57.53	5/5
Mulvey	59.20	5/5
Scherer	59.43	4/21
Carr	1:03.97	3/31
Friedland	1:07.64	3/31

### 800M

Scherer	2:16.07	4/28
Mulvey	2:21.67	4/28

### 1500M

Brown, K.	4:57.70	4/28
Briggs, Stacey	5:18.24	4/28
Mulvey	5:28.25	3/31
Hackel	5:28.85	4/28
Briggs, Steph	5:42.37	4/28

### 3000M

Brown, K.	10:37.21	5/5
Briggs, Stacey	11:33.45	3/31
Hackel	11:38.95	3/31
Briggs, Steph	12:12.72	4/28

### 5000M

Brown, K.	17:58.10	4/21
-----------	----------	------

### 10000M

Briggs, Stacey	42:18.00	5/4
----------------	----------	-----

### 100M Hurdles

<i>Brown, D.</i>	<i>14.24</i> #	<i>4/21</i>
<i>Simmons</i>	<i>14.33</i>	<i>5/5</i>
Dennis	15.14	5/5
Pallante	15.29	5/5
Carr	15.92	4/28

### 400M Hurdles

<i>Brown, D.</i>	<i>58.78</i> #	<i>4/21</i>
<i>Simmons</i>	<i>1:00.97</i>	<i>5/24</i>
Dennis	1:07.91	4/21
Carr	1:09.44	4/21
Pallante	1:16.61	4/7

### 4x100M Relay

<i>Team A</i>	<i>46.22</i> #	<i>5/24</i>
---------------	----------------	-------------

### 4x200M Relay

Team A	1:37.84 #	4/28
--------	-----------	------

### 4x400M Relay

<i>Team A</i>	<i>3:38.94</i> #	<i>5/26</i>
---------------	------------------	-------------

### High Jump

Brown, D.	1.56 (5'01.25")	5/4
Dennis	1.56 (5'01.25")	5/4
Pallante	1.52 (5'00.00")	4/21

## 2007 SIUE Women's Outdoor Season Best Performances

### Long Jump

Butler	5.59 (18'04.25")	5/5
Brown, D.	5.30 (17'04.75")	5/5
Pallante	5.19 (17'00.50")	4/21
Simmons	5.03 (16'06.00")	4/21
Sawyer	4.67 (15'04.00")	5/5
Friedland	4.35 (14'03.25")	4/7

*DII Automatic*  
*DII Provisional*  
# School Record

### Triple Jump

<b><i>Butler</i></b>	<b><i>12.06 (39'07.00")</i></b>	<b><i>5/25</i></b>
Simmons	11.69 (38'04.25")	5/4
Dennis	11.24 (36'10.50")	5/4
Brown, D.	11.08 (36'04.25")	5/4
Pallante	10.79 (35'05.00")	5/4
Friedland	8.70 (28'06.50")	4/7

### Shot Put

<b><i>Glover</i></b>	<b><i>13.76 (45'01.75")</i></b>	<b><i>5/5</i></b>
DeFevers	12.52 (41'01.00")	4/15
Branson	12.29 (40'04.00")	5/5
Satterlee	11.79 (38'08.25")	5/5

### Discus

<b><i>DeFevers</i></b>	<b><i>45.66 (149'10.00")</i></b>	<b><i>5/12</i></b>
Glover	44.74 (146'09.00")	5/12
Branson	42.15 (138'03.50")	4/15
Satterlee	36.93 (121'02.00")	4/7

### Hammer

<b><i>Glover</i></b>	<b><i>54.13 (177'07.00")</i></b>	<b><i>5/4</i></b>
<b><i>Branson</i></b>	<b><i>50.01 (164'01.00")</i></b>	<b><i>5/4</i></b>
Satterlee	46.61 (152'11.00")	5/4
DeFevers	43.28 (142'00.00")	5/4

### Javelin

<b><i>DeShasier</i></b>	<b><i>50.23 (164'09.00")</i></b> #	<b><i>4/7</i></b>
DeFevers	31.06 (101'11.00")	5/4
Branson	26.95 (88'05.00")	5/4

### Heptathlon

<b><i>Brown, D.</i></b>	<b><i>5,028 #</i></b>	<b><i>5/24-25</i></b>
Pallante	3,604	5/4-5