

2007 Women's Indoor Season Best Performances

60M

Sawyer	7.79	2/24
Royston	7.86	2/10
Alrich	7.87	2/10
Brown, D.	7.87	2/10
Simmons	7.95	2/10
Butler	8.14	1/20
Friedland	8.28	2/16

60M Hurdles

Simmons	8.76 #	3/9
Brown, D.	9.00	2/10
Dennis	9.33	2/16
Carr	9.40	2/24
Pallante	9.55	2/2
Scherer	10.81	1/12

200M

Sawyer	25.37	2/24
Simmons	25.46	2/24
Royston	25.64	2/24
Alrich	25.73	2/2
Brown, D.	25.73	2/10
Friedland	27.01	2/24
Carr	27.18	2/10
Scherer	27.44	2/10
Dennis	27.63	1/20
Butler	27.67	1/20
Pallante	27.86	1/20

200M Hurdles

Simmons	27.55 #	2/24
Brown, D.	27.55 #	2/24
Dennis	29.31	2/24
Scherer	31.53	2/24
Carr	31.60	2/24

400M

Royston	56.39	3/9
Alrich	56.48	3/10
Brown, D.	57.21	2/16
Sawyer	58.35	2/2
Simmons	58.55	2/24
Scherer	59.38	2/24
Mulvey	1:00.48	2/10
Carr	1:01.02	1/20
Dennis	1:02.50	2/2
Friedland	1:06.28	2/2

600M (Banked)

Scherer	1:38.74	2/2
Mulvey	1:44.49	2/2
Carr	1:51.81	2/2

800M

Alrich	2:18.94	1/20
Mulvey	2:22.11	2/24
Brown, D.	2:22.15	1/20
Scherer	2:27.11	1/12
Carr	2:34.20	2/16

Mile

Brown, K.	5:28.36	2/2
Briggs, Stacey	5:35.63	2/24
Mulvey	5:40.64	1/12
Briggs, Steph	5:43.10	2/16
Hackel	5:44.92	1/20

3000M

Brown, K.	11:12.07	1/20
Hackel	11:30.77	2/24
Flounders	11:30.95	1/12
Briggs	11:31.53	1/12

3000M (Banked)

Brown, K.	10:51.35	2/16
Hackel	11:25.52	2/16
Briggs, Steph	11:49.61	2/16

5000M

Brown, K.	18:55.55	2/24
Hackel	20:28.27	2/10

Sprint Medley Relay

A Team	4:22.17 #	2/10
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Distance Medley Relay

(Ste. Briggs, Friedland Carr, Hackel)	13:36.99	2/24
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4x400 Relay

(Royston, Alrich Simmons, D. Brown)	3:43.75 #	3/10
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High Jump

Brown, D.	(1.70) 5'07.00"	2/10
Dennis	(1.51) 4'11.50"	2/24
Pallante	(1.42) 4'07.75"	2/10

Long Jump

Butler	(5.54) 18'02.25"	2/24
Brown, D.	(5.35) 17'06.75"	2/24
Simmons	(5.27) 17'03.50"	2/24
Sawyer	(5.23) 17'02.00"	2/10
Pallante	(5.08) 16'08.00"	2/24
Dennis	(4.71) 15'05.50"	2/10

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Triple Jump

<i>Butler</i>	<i>(12.50)</i>	<i>41'00.25" #</i>	<i>3/10</i>
<i>Simmons</i>	<i>(11.61)</i>	<i>38'01.25"</i>	<i>1/20</i>
Dennis	(11.39)	37'04.50"	1/20
Brown, D.	(11.02)	36'02.00"	2/10
Pallante	(10.97)	36'00.00"	1/12

Shot Put

Branson	(13.20)	43'03.75"	1/20
Glover	(13.19)	43'03.25"	1/20
Nelson	(12.28)	40'03.50"	1/20
Satterlee	(11.75)	38'06.75"	2/24

20# Weight Throw

<i>Glover</i>	<i>(17.50)</i>	<i>57'05.00"</i>	<i>1/12</i>
<i>Branson</i>	<i>(16.89)</i>	<i>55'05.00"</i>	<i>2/10</i>
Satterlee	(15.12)	49'07.25"	2/16
Nelson	(15.09)	49'06.25"	1/19

DII Automatic

DII Provisional

School Record