

## 2006 SIUE WOMEN'S SEASONAL BESTS

### 60M

Sawyer	7.30	1/21
Brown	8.00	2/3
Butler	8.17	2/17
Levy	8.06	2/3
Pallante	8.81	1/13

### 60M Hurdles

Simmons	9.02	2/17
Brown	9.30	1/13
Scherer	9.88	1/21
Butler	10.25	1/21
Pallante	10.82	1/28

### 200M

<b>Sawyer</b>	<b>24.95</b>	<b>3/10</b>
Brown	25.89	2/25
Royston	25.71	2/25
Levy	26.12	2/25
Scherer	26.31	2/25
Simmons	26.78	2/25
Butler	27.97	2/11
Pallante	28.79	2/11

### 400M

Brown	56.56	2/25
Williams	58.71	2/11
Royston	58.90	2/11
Levy	59.49	1/21
Simmons	59.67	1/21
Scherer	59:88	2/25

### 600M

Williams	1:36.09#	1/21
Scherer	1:38.31	1/21

### 800M

Mulvey	2:24.75	2/25
Scherer	2:28.32	2/11
Wilson	2:29.99	1/28
Williams	2:30.54	1/13
Zipparo	2:39.52	1/21

### 1000M

Zipparo	3:29.06	1/13
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### Mile

Zipparo	5:30.34	2/25
Mulvey	5:33.82	1/13
Meador	5:34.63	1/21
Christie	5:38.36	2/11
Flounders	5:41.15	1/21

### High Jump

Brown	(1.50)	4'-11.00"	1/13
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### Long Jump

<b>Butler</b>	<b>(5.70)</b>	<b>18'-08.50" #</b>	<b>2/25</b>
Simmons	(5.33)	17'-06.00"	2/11
Levy	(5.22)	17'-01.50"	2/11
Sawyer	(5.02)	16'-05.75"	2/11
Pallante	(5.01)	16'-05.25"	2/11

### Triple Jump

<b>Butler</b>	<b>(11.90)</b>	<b>39'-00.50" #</b>	<b>2/25</b>
Simmons	(11.22)	36'-09.75"	2/3
Brown	(10.85)	35'-07.25"	2/25
Pallante	(10.75)	35'-03.25"	2/11

### Shot Put

<b>DeFevers</b>	<b>(14.39)</b>	<b>47'-02.50" #</b>	<b>2/25</b>
<b>Noller</b>	<b>(14.27)</b>	<b>46'-10.00"</b>	<b>2/25</b>
Glover	(13.17)	43'-02.50"	2/25
Branson	(12.81)	42'-00.25"	1/21
Nelson	(12.16)	39'-10.75"	2/25

### 20# Weight Throw

<b>Glover</b>	<b>(17.52)</b>	<b>57'-05.75" #</b>	<b>2/25</b>
<b>DeFevers</b>	<b>(16.97)</b>	<b>55"-08.25"</b>	<b>1/28</b>
<b>Noller</b>	<b>(16.66)</b>	<b>54'-08.00"</b>	<b>2/11</b>
Nelson	(15.53)	50'-11.50"	1/28
Branson	(15.36)	50'-04.75"	1/28

### DII Automatic

**DII Provisional**

**#=School Record**

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### 3000M

Zipparro	11:07.30	2/11
Flounders	11:12.66	2/11
Meador	11:30.76	1/21
Christie	11:37.30	2/11
E. Williams	11:51.72	2/11
Briggs	12:04.29	1/28

### DMR

A Squad	13:26.72	2/11
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### 4x400M Relay

<i>(Levy, Simmons Williams, Brown)</i>	<i>3:51.43</i>	<i>1/21</i>
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### 4 x 200M Relay

A Squad	1:41.18	2/25
B Squad	1:46.58	2/11

### 200M (Banked)

Sawyer	24.88	2/17
Levy	25.97	2/3
Royston	26.19	2/3

### 55M Dash

Sawyer	7.21	2/25
Butler	7.44	2/25
Brown	7.48	2/25
Levy	7.56	2/25

### 400M (Banked)

Brown	56.07#	2/17
K. Williams	57.94	2/17
Levy	58.15	2/3
Scherer	58.49	2/17
Royston	59.71	2/3

### 55M Hurdles

Simmons	8.36	2/25
Scherer	8.86	2/25
Brown	8.97	2/11
Butler	9.40	2/11

### 600M (Banked)

Scherer	1:36.05#	2/3
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### 5000M

Flounders	19:05.70	2/25
E. Williams	20:24.75	2/11

### 800M (Banked)

Mulvey	2:21.04	2/17
Williams	2:26.67	2/3

### 200M Hurdles

Simmons	28.27#	2/25
Brown	28.31	2/25
Scherer	30.14	2/25
Pallante	30.79	2/25

### Mile (Banked)

Zipparro	5:18.25	2/3
Flounders	5:34.52	2/17
Meador	5:35.63	2/17
Briggs	5:42.37	2/17

### 3000M (Banked)

Zipparro	10:53.10	2/3
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### 4 x 400M Relay (Banked)

<i>(K. Williams, Simmons Royston, Brown)</i>	<i>3:45.61#</i>	<i>2/17</i>
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