

CURT L. LOX

8440 Timber Ridge Dr.
Edwardsville, IL 62025
Cell Phone: (618) 558-6080

PRESENT POSITION

Interim Dean, School of Education, Health and Human Behavior
Southern Illinois University Edwardsville, Box 1049
Edwardsville, IL 62026-1049
Tel: (618) 650-2641
Fax: (618) 650-3359
E-mail: clox@siue.edu

EDUCATIONAL BACKGROUND

- 1991-1994 University of Illinois, Urbana, IL.
Doctor of Philosophy (PhD) - Kinesiology
Specialization: Psychology of Exercise and Sport
Dissertation: The Role of Exercise in the Treatment of HIV-1 and AIDS
- 1989-1991 Miami University, Oxford, OH.
Master of Science (MS) - Physical Education, Health, & Sport Studies
Specialization: Coaching Science/Psychology of Sport
Thesis: Perceived Threat as a Cognitive Determinant of State Responses in Female Intercollegiate Volleyball Players
- 1985-1989 University of California, Riverside, CA.
Bachelor of Arts (BA) - Psychology; secondary emphasis - Sociology

PROFESSIONAL EXPERIENCE

Southern Illinois University Edwardsville

- 2014-present Interim Dean, School of Education, Health and Human Behavior
2009-2014 Chair, Department of Kinesiology and Health Education
2005-present Professor, Department of Kinesiology and Health Education
2003-2009 Associate Dean for Planning and Research, School of Education
2001-2003 Coordinator of Grants and Research, School of Education
1999-2005 Associate Professor, Department of Kinesiology and Health Education
1996-1998 Assistant Professor, Department of Kinesiology and Health Education

Northern Illinois University

- 1994-1996 Assistant Professor, Department of Health and Physical Education

PUBLICATIONS IN REFEREED JOURNALS

LeCheminant, J.D., Lox, C.L., Smith, J.D., Kirk, E., Heden, T., & Covington, K. (2011). Evaluation of a university-based, community outreach weight management program. Population Health Management, 14, 167-173.

Heden, T., Lox, C., Rose, P., Reid, S., & Kirk, E.P. (2011). One-set resistance training elevates energy expenditure for 72 h similar to three sets. European Journal of Applied Physiology, 111, 477-484.

Cluphf, D.J. & Lox, C. L. (2009). Journals and program assessment. Assessment Update, 21, 5-7.

Hackbart, S.J., LeCheminant, J.D., Smith, J.D., & Lox, C.L. (2009). The influence of an environmental cue and exercise on food consumption in college students. International Journal of Exercise Science, 2, 94-105.

Driver, S. & Lox, C.L. (2007). Establishing the reliability and validity of a measure of mood for adults with brain injuries. Journal of Cognitive Rehabilitation, 25, 10-21.

Driver, S., Rees, K., O'Connor, J., & Lox, C. (2006). Aquatics, health-promoting self-care behaviors and adults with brain injuries. Brain Injury, 20, 133-141.

Cluphf, D.J., Schroeder, C., & Lox, C.L. (2004). A pilot study on the effect of involvement in physical education class on the affective states of at-risk middle-school students. Illinois Schools Journal, 83, 77-82.

Driver, S., O'Connor, J., Lox, C., & Rees, K. (2004). Evaluation of an aquatics program on fitness parameters of individuals with a brain injury. Brain Injury, 18, 847-859.

Driver, S., Lox, C., O'Connor, J., & Rees, K. (2003). Effect of an aquatic program on psycho/social experiences of individuals with brain injuries: A pilot study. Journal of Cognitive Rehabilitation, 21, 22-31.

McLane, S.L., Lox, C.L., Butki, B., & Stern, L. (2003). An investigation of the relation between religion and exercise motivation. Perceptual and Motor Skills, 97, 1043-1048.

Lox, C.L., Jackson, S., Tuholski, S., Wasley, D., & Treasure, D.C. (2000). Revisiting the measurement of exercise-induced feeling states: The Physical Activity Affect Scale (PAAS). Measurement in Physical Education and Exercise Science, 4, 79-95.

Lox, C.L. & Treasure, D.C. (2000). Changes in feeling states following aquatic exercise during pregnancy. Journal of Applied Social Psychology, 30, 518-527.

Lox, C.L., Burns, S.P., Treasure, D.C., & Wasley, D.A. (1999). Physical and psychological predictors of exercise dosage in healthy adults. Medicine & Science in Sports & Exercise, 31, 1060-1064.

Lox, C.L. & Freehill, A.J. (1999). The impact of pulmonary rehabilitation on self-efficacy, quality of life, and exercise tolerance. Rehabilitation Psychology, 44, 1-14.

Kosiek, R.M., Szymanski, L.M., Lox, C.L., Kelley, G., & Macfarlane, P.A. (1999). Self-regulation of exercise intensity in cardiac rehabilitation participants. Sports Medicine, Training, and Rehabilitation, 8, 359-368.

Treasure, D.C., Lox, C.L., & Lawton, B. (1998). Determinants of physical activity in a sedentary, obese female population. Journal of Sport and Exercise Psychology, 20, 218-224.

Pellett, T.L. & Lox, C.L. (1998). Tennis racket head-size comparisons and their effect on beginning college players' achievement and self-efficacy. Journal of Teaching in Physical Education, 17, 453-467.

Lox, C.L., Osborn, M.C., & Pellett, T.L. (1998). Body image and affective experiences of subjectively underweight females: Implications for exercise behavior. Journal of Applied Biobehavioral Research, 3, 110-118.

Wasley, D. & Lox, C.L. (1998). Self-esteem and coping responses of athletes with acute versus chronic injuries. Perceptual and Motor Skills, 86, 1402.

Pellett, T.L. & Lox, C.L. (1997). Tennis racket length comparisons and their effect on beginning college players' playing success and achievement. Journal of Teaching in Physical Education, 16, 490-499.

Treasure, D.C. & Lox, C.L. (1997). Determinants of physical activity behavior in African-American Head Start employees. Journal of Instructional Psychology, 24, 1-6.

Lox, C.L., McAuley, E., & Tucker, R.S. (1996). Physical training effects on acute exercise-induced feeling states in HIV-1-positive individuals. Journal of Health Psychology, 1, 235-240.

Lox, C.L., McAuley, E., & Tucker, R.S. (1996). Aerobic and resistance exercise training effects on body composition, muscular strength, and cardiovascular fitness in an HIV-1 population. International Journal of Behavioral Medicine, 3, 55-69.

Treasure, D.C., Monson, J., & Lox, C.L. (1996). Relationship between self-efficacy, wrestling performance, and affect prior to competition. The Sport Psychologist, 10, 73-83.

McAuley, E., Bane, S.M., Rudolph, D.L., & Lox, C.L. (1995). Physique anxiety and exercise in middle-aged adults. Journal of Gerontology, 50B, 229-235.

Tate, A.K., Petruzzello, S.J., & Lox, C.L. (1995). Examination of the relationship between self-efficacy and affect at varying levels of aerobic exercise intensity. Journal of Applied Social Psychology, 25, 1922-1936.

Lox, C.L., McAuley, E., & Tucker, R.S. (1995). Exercise as an intervention for enhancing subjective well-being in an HIV-1 population. Journal of Sport and Exercise Psychology, 17, 345-362.

Lox, C.L. & Rudolph, D.L. (1994). The Subjective Exercise Experiences Scale (SEES): Factorial validity and effects of acute exercise. Journal of Social Behavior and Personality, 9, 837-844.

McAuley, E., Lox, C., Rudolph, D., & Travis, A. (1994). Self-efficacy and intrinsic motivation in exercising older adults. Journal of Applied Gerontology, 13, 355-370.

McAuley, E., Courneya, K., Rudolph, D., & Lox, C. (1994). Enhancing exercise adherence in middle-aged males and females. Preventive Medicine, 23, 498-506.

McAuley, E., Lox, C., & Duncan, T.E. (1993). Long-term maintenance of exercise, self-efficacy, and physiological change in older adults. Journal of Gerontology: Psychological Sciences, 48, P218-P224.

Wong, E., Lox, C., & Clark, S. (1993). Relation between sports context, competitive trait anxiety, perceived ability, and self-presentation confidence. Perceptual and Motor Skills, 76, 847-850.

Lox, C.L. (1992). The role of perceived threat as a cognitive component of state anxiety and confidence. Perceptual and Motor Skills, 75, 1092-1094.

BOOKS AND BOOK CHAPTERS

Lox, C.L., Martin, K.A., & Petruzzello, S.J. (2014). The Psychology of Exercise: Integrating Theory and Practice, 4th ed. Scottsdale, AZ: Holcomb Hathaway Publishers.

Horn, T.S., Lox, C.L., & Labrador, F. (2009). The self-fulfilling prophecy theory: When coaches' expectations become reality. In J.M. Williams (Ed.), Applied Sport Psychology: Personal Growth to Peak Performance, 6th ed. New York, NY: McGraw-Hill.

Pellett, T.L. & Lox, C. (2000). Skills, Drills, & Strategies for Volleyball. Scottsdale, AZ: Holcomb Hathaway Publishers.

PAPERS PRESENTED AT NATIONAL/INTERNATIONAL SCIENTIFIC MEETINGS

Holler, E., Eikmann, J., Lox, C., Ross-Stewart, L., Kirk, E., & Smith, B. (October, 2014). The relationship between locus of control and compliance in a weight loss intervention. Association for Applied Sport Psychology, Las Vegas, NV.

Stumpf, J., Ross-Stewart, L., Eck, K., Kirk, E., Knuth, A., Anderson, M., Lox, C., & Smith, B. (June 2014). The effect of barrier efficacy on weight management clinic adherence. North American Society for the Psychology of Sport and Physical Activity, Minneapolis, MN.

Herrick, J.E., Kirk, E.P., Lox, C.L., & Sharp, B.M. (June, 2012). Ventilatory efficiency, body composition, dyspnea, and exercise mode in lean and obese females. American College of Sports Medicine, San Francisco, CA.

Grammer, R., Hurley, K., Lox, C., & Rose, P., & Herrick, J. (October 2011). The effects of an exercise program on young girls' self-perceptions. First National Conference on Girls and Women in Sport and Physical Activity, Greensboro, NC.

Gapin, J.I., Lox, C.L., Kirk, E.P., Herrick, J.E., Stapleton, J.N., & Gavin, S.L. (June, 2011). Effects of a weight management intervention on locus of control in overweight and obese adults. North American Society for the Psychology of Sport and Physical Activity, Burlington, VT.

Gapin, J.I., Lox, C.L., Stapleton, J.N., Humphries, A., & Kunkle, K. (June, 2011). Body image and weight concerns of collegiate wrestlers: A season long examination. North American Society for the Psychology of Sport and Physical Activity, Burlington, VT.

Gavin, S.L., Kirk, E.P., Novotny, L.M., Lox, C.L., & Herrick, J.E. (June, 2011). Leptin resistance is improved through weight loss independent of changes in leptin's soluble receptor. American College of Sports Medicine, Denver, CO.

Kirk, E.P., Heden, T., Lox, C., & Rose, P. (June, 2011). ACSM single-set resistance training protocol increases energy expenditure similar to three sets up to 72h. American College of Sports Medicine, Denver, CO.

Novotny, L.M., Kirk, E.P., Gavin, S.L., Sharp, B.M., Lox, C.L., & Herrick, J.E. (June, 2011). Significant reductions in truncal adiposity do not alter the ventilatory responses to carbon dioxide in obese adults. American College of Sports Medicine, Denver, CO.

LeCheminant, J.D., Covington, N.K., Smith, J.D., Lox, C.L., Goldsmith, M., & Heden, T. (October, 2009). 12-week time course changes in diet, physical activity, and body weight outcomes in adults using standard treatment guidelines for overweight and obese individuals. North American Association for the Study of Obesity, Washington, D.C.

Bergeron, B. & Lox, C.L. (February, 2009). Leadership development and strategic decisions: Implementation and implications of an innovative planning model. American Association of Colleges for Teacher Education, Chicago, IL.

Gustafson, S., Covington, N., Johnson, J., Schroeder, C., Burt, T., & Lox, C. (April, 2007). The effect of HANDLE (Holistic Approach to Neurodevelopment and Learning Efficiency) on individuals with brain injury. American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD), Baltimore, MD.

Pellett, T., Lox, C., & Lessen, E. (March, 2006). Tracking and measuring PDS success: An analysis of two institutional systems. Professional Development Schools National Conference, Orlando, FL.

Adams, P.G., Lox, C.L., Pawlow, L., Covington, N.K., Butki, B.D., & Gordon, P.M. (May, 2005). Body image concerns and cosmetic surgery preferences in female intercollegiate athletes and non-athletes. American College of Sports Medicine, Nashville, TN.

Clark, G., Reeves, S., O'Connor, J., & Lox, C. (April, 2005). The effect of different modes of exercise on psychological measures in elderly participants. American Alliance for Health, Physical Education, Recreation and Dance, Chicago, IL.

Killian, J., Hillkirk, K., DeToye, L., Lessen, E., & Lox, C. (March, 2005). Using the collaborative exchange model to evaluate professional development schools. Professional Development Schools National Conference, Orlando, FL.

Clark, G., O'Connor, J., Boyd, R., Reeves, C.S., & Lox, C. (2005, February). Psychological benefits of exercise across modes of activity for elderly participants. National Conference on Girls' and Women's Health, Physical Activity, and Sport. Shreveport, LA.

Hillkirk, K., McIntyre, J., Lessen, E., Lox, C., & DeToye, L. (January, 2005). Collaboration in partnership evaluation and research. Annual Conference of the Holmes Partnership, Philadelphia, PA.

Clark, G., Reeves, S., Boyd, R., Driver, S., O'Connor, J., & Lox, C. (May, 2004). Comparison of psychological responses between men and women engaged in aquatic exercises. American Alliance for Health, Physical Education, Recreation and Dance, New Orleans, LA.

Rees, K., Wycoff-Horn, M., Lox, C., & O'Connor, J. (March, 2004). The benefits of exercise and its effects on health promoting behaviors during pregnancy. American Academy of Health Behavior, Sedona, AZ.

Breck, S.E., Lox, C.L., DeToye, L.M., Lessen, E., & Bushrow, K.M. (March, 2004). Design and implementation of a Student Disposition Inventory (SDI) for teacher education. Professional Development Schools National Conference, Orlando, FL.

Bushrow, K.M., Lox, C.L., Lessen, E., & DeToye, L.M. (January, 2004). Assessment plan for building a partnership database. Annual Conference of the Holmes Partnership, San Diego, CA.

Driver, S., Rees, K., O'Connor, J., & Lox, C.L. (August, 2003). Effect of an aquatics program on health-promoting self-care behaviors of individuals with a brain injury. International Symposium of Adapted Physical Activity, Seoul, Korea.

Driver, S., O'Connor, J., Lox, C.L. & Rees, K. (August, 2003). Evaluation of an aquatics program on fitness parameters of people with a brain injury. International Symposium of Adapted Physical Activity, Seoul, Korea.

Lox, C.L., Cluphf, D.J., & Schroeder, C. (June, 2003). Impact of a physical education intervention on mood in at-risk middle-school students. North American Society for the Psychology of Sport and Physical Activity, Savannah, GA.

Lox, C., Bushrow, K., Smith, R., Lessen, E., DeToye, L., Floit, D., Porzukowiak, B., & Bersette, C. (February, 2003). Developing a portrait of a partnership using self-study data. Annual Conference of the Holmes Partnership, Washington, DC.

Bushrow, K., Smith, R., Lox, C., Lessen, E., DeToye, L., Floit, D., Porzukowiak, B., & Bersett, C. (February, 2003). Rural, urban, and metropolitan consortium-based partnerships: University and school faculty sharing RUM. Annual Conference of the Holmes Partnership, Washington, DC.

Driver, S., O'Connor, J., Lox, C.L., & Rees, K. (October, 2002). The effect of an aquatic exercise program on psychosocial parameters of individuals with an acquired brain injury. North American Federation of Adapted Physical Activity, Corvallis, OR.

O'Connor, J., Lox, C., & Rees, K. (May, 2002). Stimulating critical thinking regarding fitness for individuals with disabilities and special populations: The computer revolution. Pacific Planning, Assessment & Institutional Research Conference, Honolulu, HI.

Lox, C.L., O'Connor, J., Woodford, R., & Jackson, S. (June, 2002). The influence of mode and intensity on exercise-induced affect. North American Society for the Psychology of Sport and Physical Activity, Baltimore, MD.

Lox, C.L. & Jackson, S. (June, 2001). The measurement of exercise-induced affective states: Development of exercise-specific instruments. North American Society for the Psychology of Sport and Physical Activity, St. Louis, MO.

McLane, S., Lox, C.L., Stern, L., & Butki, B. (June, 2001). An investigation of participation motives in Christian exercise programs. North American Society for the Psychology of Sport and Physical Activity, St. Louis, MO.

Lox, C.L., Tucker, S., & Jackson, S. (March, 2001). The effect of Tai Chi training on acute feeling states and perceived pain in HIV-1-infected adults. Society of Behavioral Medicine, Seattle, WA.

Maki, E., Lox, C.L., & Jackson, S. (June, 2000). Differential effects of physical activity mode on affect. North American Society for the Psychology of Sport and Physical Activity, San Diego, CA.

Lox, C.L., Jackson, S., Wasley, D., & Treasure, D.C. (June, 1999). Revisiting the measurement of exercise-induced feeling states: The Exercise-Induced Feeling Inventory-2 (EFI-2). North American Society for the Psychology of Sport and Physical Activity, Clearwater Beach, FL.

Lox, C.L., Wasley, D., & Jackson, S. (June, 1999). The effects of exercise on physical self-concept in the elderly. North American Society for the Psychology of Sport and Physical Activity, Clearwater Beach, FL.

Lox, C.L. & Freehill, A.J. (March, 1999). The impact of pulmonary rehabilitation on self-efficacy, quality of life, and exercise tolerance. Society of Behavioral Medicine, San Diego, CA.

Woodard, R.J., Lox, C.L., Treasure, D.C., & Wasley, D.A. (October, 1998). Effects of exercise on the dynamic postural control of older women. North American Federation of Adapted Physical Activity, Minneapolis, MN.

Lox, C.L., Burns, S.P., Treasure, D.C., & Wasley, D.A. (June, 1998). Differences in exercise-related cognitions and demographics based on activity dosage. North American Society for the Psychology of Sport and Physical Activity, St. Charles, IL.

Treasure, D.C., Lox, C.L., & Lawton, B. (November, 1997). Determinants of physical activity in a sedentary, obese female population. 7th International Congress of Researchers in Sport and Exercise, Marseille, France.

Osborn, M.C. & Lox, C.L. (October, 1997). Body image and affective experiences of subjectively underweight females: Implications for exercise behavior. Canadian Society for the Psychology of Leisure, Sport, and Physical Activity, Niagara Falls, Canada.

Lox, C.L., McAuley, E., & Tucker, R.S. (June, 1997). Physical training effects on acute exercise-induced feeling states in HIV-1-positive individuals. North American Society for the Psychology of Sport and Physical Activity, Denver, CO.

Newbery, D., Treasure, D.C., & Lox, C.L. (April, 1997). Relationship between self-efficacy, intensity, and affect in a sedentary population during an acute bout of exercise. Society of Behavioral Medicine, San Francisco, CA.

Pellett, T.L. & Lox, C.L. (March, 1997). Tennis racket head-size comparisons and their effect on beginning college players' achievement and self-efficacy. American Alliance for Health, Physical Education, Recreation and Dance, St. Louis, MO.

Treasure, D.C., Lox, C.L., & Lawton, B. (June, 1996). Determinants of, and attributions for, physical activity behavior among African-American parents of Head Start children. Third National Head Start Research Conference, Washington, DC.

Lox, C.L. & Treasure, D.C. (June, 1996). Changes in acute and chronic feeling states following aquatic exercise during pregnancy. North American Society for the Psychology of Sport and Physical Activity, Minnetonka, Ontario, Canada.

Pellett, T.L. & Lox, C.L. (April, 1996). Tennis racket length comparisons and their effect on beginning college players' playing success and achievement. American Alliance for Health, Physical Education, Recreation and Dance, Atlanta, GA.

Lox, C.L., McAuley, E., & Tucker, R.S. (March, 1996). Exercise training effects on body composition, muscular strength, and cardiovascular fitness in an HIV-1 population. Fourth International Congress of Behavioral Medicine, Washington, D.C.

Lox, C.L., McAuley, E., & Tucker, R.S. (March, 1996). Changes in CD4 cell number following exercise in men seropositive for HIV-1. Fourth International Congress of Behavioral Medicine, Washington, D.C.

Treasure, D.C., Monson, J., & Lox, C.L. (June, 1995). The relationship between self-efficacy, wrestling performance, and affect prior to competition. American College of Sports Medicine, Minneapolis, MN.

McAuley, E., Rudolph, D.L., Lox, C., & Courneya, K. (June, 1994). Acute and chronic exercise effects on self-efficacy in older males and females. American College of Sports Medicine, Indianapolis, IN.

Lox, C.L., McAuley, E., & Tucker, R.S. (June, 1994). Exercise as an intervention for enhancing subjective well-being in an HIV-1 population. North American Society for the Psychology of Sport and Physical Activity, Clearwater, FL.

McAuley, E., Lox, C., & Rudolph, D. (March, 1994). Social physique anxiety and exercise: Effects of sex and age. Society of Behavioral Medicine, Boston, MA.

Wong, E.H., Lox, C.L., & Clark, S.E. (October, 1993). Relation between sports context, competitive trait anxiety, perceived ability, and self-presentation confidence. Association for the Advancement of Applied Sport Psychology, Montreal, Canada.

McAuley, E., Rudolph, D., Lox, C., & Courneya, K. (June, 1993). Exercise, affect, and appraisals in older adults. North American Society for the Psychology of Sport and Physical Activity, Brainerd, MN.

McAuley, E., Courneya, K.S., Rudolph, D., & Lox, C. (March, 1993). Improving exercise adherence by manipulating self-efficacy. Society of Behavioral Medicine, San Francisco, CA.

Treasure, D.C., Lox, C., Rudolph, D., Bodey, K. & Roberts G.C. (March, 1993). The relationship between children's achievement goal orientations and affective responses in competitive sport. American Alliance for Health, Physical Education, Recreation and Dance, Washington, D.C.

McAuley, E. & Lox, C. (March, 1993). Long-term maintenance of exercise-induced self-efficacy and physiological change in older adults. American Society on Aging, Chicago, IL.

McAuley, E., Lox, C., & Rudolph, D. (November, 1992). Self-efficacy and intrinsic motivation in exercising older adults. Gerontological Society of America, Washington, D.C.

McAuley, E., Courneya, K.S., Cramer, B., Lox, C., & Rudolph, D. (October, 1992). Changes in affective responsivity following aerobic dance. Association for the Advancement of Applied Sport Psychology, Colorado Springs, CO.

Lox, C. (October, 1991). Perceived threat as a cognitive component of state anxiety and confidence. Association for the Advancement of Applied Sport Psychology, Savannah, GA.

RESEARCH GRANTS/CONSULTANCIES

Kirk, S.M., Kirk, E.P., & Lox, C.L. (2010). Healthy Bodies, Healthy Minds: Promoting early literacy skills through teacher directed physical activity. Robert Wood Johnson Foundation (\$75,000).

Becker, D.M. & Stewart, K.J. Community Exercise to Reduce the Metabolic Syndrome in African American Families. National Institutes of Health. (Consultant, 2008-2013). Johns Hopkins University.

Yaresheski, K.E. Yoga for the Management of HIV-Metabolic Syndromes. National Center for Complementary and Alternative Medicine. (Consultant, 2005-2009). Washington University.

Tucker, R.S. & Lox, C.L. (2000). Research Grant - HIV Services, CuraScript Pharmacy (\$19,000).

Tucker, R.S. & Lox, C.L. (2000). Ryan White Title 1 Grant, City of St. Louis (\$5,000).

Pellett, T.L. & Lox, C.L. (1995). Research and Development Grant, Wilson Sporting Goods (\$12,000).

HONORS, AWARDS, and INVITED PRESENTATIONS

6th annual Cheryl J. Cohen Lecture, Department of Kinesiology, Western Illinois University (October 28, 2014).

Member, Honor Society of Phi Kappa Phi

PROFESSIONAL SERVICE

Journal Manuscript Reviewer

- Journal of Sport and Exercise Psychology
- The Sport Psychologist
- Journal of Applied Social Psychology
- Journal of Applied Sport Psychology
- Perceptual and Motor Skills
- Journal of Aging and Physical Activity
- Journal of Social Behavior and Personality
- Research Quarterly for Exercise and Sport
- European Journal of Sport Science
- School-University Partnerships
- Quest
- Sport, Exercise, and Performance Psychology

Representative List of Consulting Clients (Sport Psychology)

- United States Martial Arts Team
- St. Louis Steamers (Major Indoor Soccer)
- Southern Illinois University Edwardsville
- Northern Illinois University
- University of Illinois, Urbana-Champaign
- University of California, Riverside

External Program Review Member, Graduate Program in Kinesiology, Department of Kinesiology, Southern Illinois University Carbondale (2010)

Advisory Board Member, Illinois Education Research Council (2009-2010)

Board Member, Illinois Association of Colleges for Teacher Education (2008-2009)

Member, Illinois Association of Deans of Public Colleges of Education (2004-2009, 2014-present)

Board Member, Universal Holistic Healthcare, St. Louis, MO (2007-2009)

Editorial Review Board

- Collegiate Press (1995-1999)
- Journal of Sport and Exercise Psychology (2001-2007)

REPRESENTATIVE LIST OF SCHOOL AND UNIVERSITY SERVICE

University

- Task Force for the Development of the Health Science Research (2009)
- Search Committee Member – Executive Director of Educational Outreach (2008)
- Science, Technology, Engineering, and Mathematics (STEM) Task Force (2007-2009)
- Administrative Collective Bargaining Team - Non-Tenure Track Faculty Contract (2005-2007)
- University Research Council (2004-2009)
- Search Committee Chair – Assistant Provost for Planning (2004)
- Coordinating Council, Institute for Urban Research (2001-2003)
- Graduate Council (2000-03)
- Search Committee Member - Illinois Education Research Council Director (2000)
- Educational and Research Policies Committee of the Graduate Council (1999-2003; Chair, 2001-03)
- Undergraduate Course Subcommittee of the Curriculum Council of the Faculty Senate (1998-2000)

Intercollegiate Athletics

- Search Committee Member – Women’s Head Volleyball Coach (2011)
- Intercollegiate Athletics Reclassification Work Group (2009-2010)
- Search Committee Member – Women’s Head Basketball Coach (2008)
- Search Committee Member – Men’s Head Basketball Coach (2007)
- Search Committee Member – Men’s Head Wrestling Coach (2007)

School

- Chair, SOE Staffing Task Force (2010)
- Search Committee Chair – Dean, School of Education (2007)
- Search Committee Chair – Associate Dean, School of Education (2006)
- SOE Teaching Evaluation Task Force (2004-05)
- SOE Merit Plan Task Force (2004-05)

ADMINISTRATIVE PROFESSIONAL DEVELOPMENT

AACTE Leadership Academy, St. Louis, June-July 2009

Supervisory Training Workshop, SIUE, May 2009

Sexual Harassment Awareness and Prevention Workshop, SIUE, April 2009